

Big Nursery – WC 12.05.25 & 19.05.25



Our rhyme of the fortnight is:

Vegetables Rhyme

(Tune: Twinkle, Twinkle)

Carrots, peas, and broccoli,
Vegetables are good for me.

For my snack and in my lunch,
Veggie sticks are great to munch.

Carrots, peas, and broccoli,
Vegetables are good for me.

What to do at home together:

- Start by singing the song together. Use different vegetables or fruits to change the song.
- This is a great rhyme to talk about healthy and unhealthy food choices with your child.
- Watch the rhyme below and sing the rhyme together again after.

<https://www.youtube.com/watch?v=9FO-xYCPGdY>

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Our rhyme of the fortnight is:

I plant a little seed

(Tune: I'm a Little Tea Pot)

I plant a little seed, in the ground
Out comes the sun, big and round.

Down come the rain drops, soft and slow,
Up comes a flower, grow, grow, grow.

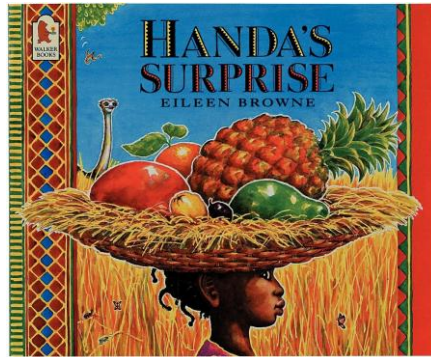
What to do at home together:

- Start off by singing the song with your child and then add in actions. Child could be the seed curled up on the ground and get taller and bloom as the rain drops fall.
- Talk to your child about plants. Where can we see them? What do we notice? Look for plants in gardens and the park. Talk about the colour, shape and how many they can see.
- Watch the video below and sing the rhyme together

https://www.youtube.com/watch?v=BX2wuTgbw_I

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Our book of the fortnight is: *Handa's Surprise* by Eileen Browne



This story takes children on an adventure through the savannah, looking at the differences between where they live and where the character lives. It creates an opportunity for the children to investigate fruits from around the world, investigate animal habitats and different modes of transport. We'll look at different clothes, where we shop and how visiting friends can be an adventure.

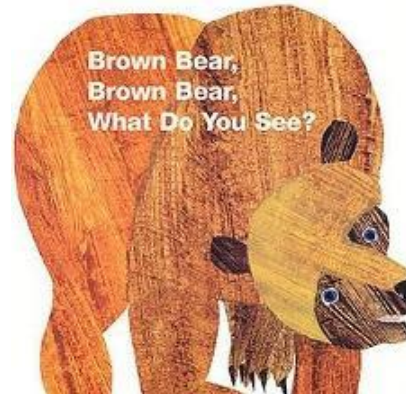
How to get the most out of reading to young children:

- Sit close together. You could encourage your child to hold the book themselves and turn the pages, too.
- Take a look at the pictures. You don't just have to read the words on the page. What might they tell us about the story before we read the words?
- Ask questions and talk about the book. What do they think will happen next? Why did a character act in a certain way? How are they feeling?
- Have fun! There's no right or wrong way to share a story - as long as you and your child are having fun. Don't be afraid to act out situations or use funny voices... your little ones will love it!

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Our book of the fortnight is: *Brown Bear, Brown Bear, What Do You See?* by Bill Martin Jr & Eric Carle

Bill Martin Jr / Eric Carle

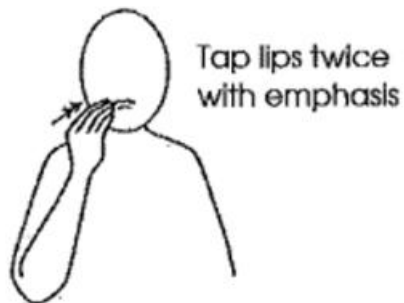


This creatively written book supports the children to join in with repetition of key phrases. The interesting illustrations take the children on a journey to identify different animals and explore colour.

How to get the most out of reading to young children:

- Be expressive! How can we expect children to be engaged in a story if the adult reading it isn't.
- Picture books can be a great way to talk through your child's fears and worries, or to help them deal with their emotions.
- Give them space to talk, and ask how they feel about the situations in the story.
- Use props and toys to act out the story, either whilst you are reading it, or together afterwards.

Our Makaton signs of the fortnight are:



Eat

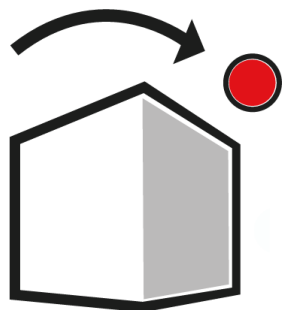


Fruit

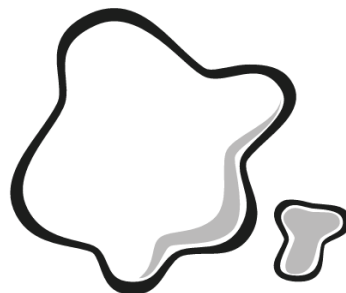
Thumb under the chin,
hand moves across chin
to the side

(Always remember to say the word as you sign)

Our Concept Cat signs of the fortnight are:



Over



A bit

Our Right of the fortnight is:



This fortnight, our core books will support discussion on different ways of living. The children will be discussing the right to clean water and how we must preserve our water supplies. We will also be encouraging children to nurture our green spaces to support our plants to thrive and promote sustainability.

Article 24. Every child has the right to the best health care, clean water, healthy food and a clean safe environment to live in



We continue to embed our daily programme of moving more and sitting less, getting our belly buttons on the move to keep healthy.

Lots more early years health information, activities and recipes can be found on the Startwell website:

<https://startwellbirmingham.co.uk/>